



International Experts in Safety Training Solutions



STA Level 2 Award in Swimming Teaching (QCF)

Qualification Number: 600/2481/1 Credit Value: 7

Aim

The **STA Award in Swimming Teaching** aims to produce teachers that can teach up to 10 beginners and deliver the STANley Series of awards, as well as the Octopus and Goldfish Series of STA's **International Learn to Swim Programme**. They may also act as an assistant swimming teacher and can teach larger classes or advanced skills under the direct supervision of a swimming teacher qualified to certificate level.

Pre-requisites

- Be of 16 years of age or older
- Hold current membership with STA
- Hold the **STA Award in Pool Emergency Procedures** or acceptable equivalent
- Hold either the **STA Safeguarding Children, Young People and Vulnerable Adults** certificate (available online at www.trainsta.co.uk) or acceptable equivalent.

Validity of Award

This qualification does not expire.

Length of Course

49 Notional Learning Hours:

- 28 Recommended Guided Learning Hours
- 21 Non-contact Guided Learning Hours.

Course Information

The **STA Award in Swimming Teaching** covers:

- Understanding the Elementary Scientific Principles Relevant to Swimming
- Planning, Preparing and Teaching Swimming
- Understanding the Principles for Safe and Equitable Coaching Practice.

Assessment

- Complete a portfolio and worksheet questions to the satisfaction of the course tutor
- Undertake poolside teaching during the course
- Teach 10 minute lessons to 4 beginners, and 4 improvers
- Complete a 30 question multiple-choice paper with a unit pass mark of 7/10 per unit.

Revalidation

This qualification does not require revalidation. However, STA recommends all members attend or complete CPDs to continuously update their knowledge and skills.

**For information of courses running in your area
please visit www.sta.co.uk or contact STA on 01922 645097.**