



## Spring Croft New Swimmers Guidance Notes October 2020

Following HM Government and our Governing Body guidelines for swimming lessons during COVID 19. Please see below our New Swimmers Guidance Notes.

This guidance will be reviewed on an ongoing basis and we hope to be able to relax some of our new interventions along with guidelines as they evolve.

- Please do not come to Spring Croft if you or any family member have a cold, fever, anosmia (loss of smell or taste) or any signs or symptoms of COVID 19. You are not to enter our facility and should self-isolate for 14 days, therefore, you are not permitted to attend swimming lessons for two weeks. Please respect other customers, our staff, and our business.
- Your swimmer may only bring one adult with them to the pool, please do not bring siblings or other children that are not booked in for a lesson at that time so that we can control the amount of people on site.
- Accompanying adults are requested to wear a face covering while at Spring Croft.
- Our showers will be closed for the moment, we recommend that all swimmers shower at home before and after the lesson.
- Please do not arrive on site more than 5 minutes before your lesson start time, otherwise you may need to wait in your car.
- Reverse Park into your space so that you can clearly see any children in front of the car as you pull out.
- We have invested in a new building which is on the site of the patio area. This acts as a 'pit stop' changing area for when children come out of the pool and a covered viewing area for the adults watching.
- Your new entrance is up the slope at the side of the building. There will be markers for you to stand and wait with your swimmer until they are invited onto poolside by the teacher.
- Please sanitize your hands prior to entering the building.
- The swimmer's entrance to poolside will be through the first patio door
- To limit the time on site, we are asking swimmers to arrive in their swim wear with a robe or onesie over the top so that they can go straight onto the poolside.
- Children should remove their robe and shoes and hand them to their adult before entering the poolside.



- When your swimmer has entered the poolside, please move along to the last marker to allow access to the next swimmer.
- Please keep your swimmer's shoes and onesie with you in a bag, please remove your own shoes and place into your bag as well.
- Our teachers will be working from poolside at present, as per our risk assessments. We have discussed each child's needs and are confident that this will be a good interim solution.
- There will just be one group in the pool, to adhere to social distancing guidelines. Our after-school lessons will have a maximum of 5 to a class with one teacher.
- There will be a swimmer's emergency toilet available, however, please try to ensure that toileting requirements are met prior to attending.
- You will be able to watch your little one swim from our new viewing area.
- Please do not bring food or drink to Spring Croft.
- When the lesson has finished, accompany your swimmer into the pitstop changing area. Please dry your swimmer quickly and pop their onesie back on ready for home.
- Check to make sure that the coast is clear before exiting the pitstop!
- Please put your shoes back on once you are out of the pitstop area.
- Please sanitize your hands again on leaving.
- There will be a staff member in the office, but access to the main building is for staff only. You are welcome to come to the window if you wish to speak to us. Please wear your face covering and we will do the same.
- Badges and certificates, goggles and hats are all available to purchase. Please come to the window and we will be able to help you.

We hope that you will embrace these changes and know that we have done all that we can for your own and your swimmer's safety.

We will continue to monitor the situation and will amend our procedures as per our ongoing risk assessments.

If there is anything that you wish to bring to our attention. Please give the office a call and we will do our very best to assist you.

Thank you for your help, we are so pleased to have you swimming with us 😊